

NBYC JUNIOR SAILING PROGRAM 2024

Welcome to the 2024 NBYC Junior Sailing program! Classes start on Monday, June 24th and continue for eight weeks, concluding on Thursday, August 15th.

We are excited to welcome three new sailing instructors to NBYC: Sydney Mihalko (Head Instructor), Thomas Deloy and Jane McKenzie. Each instructor brings a wealth of sailing experience with them and has US Sailing, First Aid and Red Cross/AED Certification.

This summer our sailing program will continue the Wednesday Mid-Week Racing Series for both morning and afternoon classes. Lunch will be served and is included in the registration fee. All sailors are encouraged to try their hand at racing on Wednesdays!

In addition, many interclub regattas are scheduled for this summer, including the popular rookie regattas Powder Puff and Iron Man in early July. The NBYC Junior Championship will return in August with full awards to follow. Fun days to break up the instructional curriculum are included as well!

REGISTRATION

All registrations and payment are through ClubSpot through this link:

<https://theclubspot.com/register/camp/tqHCRBK7gN/class>

Please note:

- Club sailboats are available for rent to participants registered within the NBYC Sailing Program. However, students are encouraged to provide their own boat, as **availability of club boats may be limited.**
- If you need to rent a boat, the boat rental fee must be added to *each week* you register for.
- Boat rentals are not required for the Puddle Ducks classes.
- **NBYC strongly suggests all junior sailors be able to RIG, LAUNCH, and RECOVER their boat with LIMITED ASSISTANCE from other sailors or the instructors.** If a junior sailor cannot meet these criteria, please consider taking a private lesson. **PRIVATE LESSONS** are offered on Fridays for sailors of all ages and abilities. New sailors can gain the competency required to join the group lessons, while more experienced sailors can enhance their racing skills and knowledge.

CLASS OPTIONS

PUDDLE DUCKS

Ages 5, 6, & 7

Tuesday, Wednesday, and Thursday 8:00 am to 9:30 am

We are pleased to offer an introductory program created for younger children. This clinic will teach the fundamentals of sailing, incorporating games and other activities to encourage self-confidence and sportsmanship in a safe, non-competitive atmosphere. Students will sail in club-owned Optimist Prams.

BEGINNER MORNING CLASSES

Ages 8 – 18

Monday, Tuesday, Thursday 9:30 – 12:00

Wednesday 9:30 – 1:00 (Mid-Week Racing Series, includes lunch)

Beginner Opti Clinic

We strongly encourage first time sailors to register for an initial private lesson for proper class designation. Beginning Opti sailors are encouraged to crew for more experienced sailors, learn to rig and derig the boats, and gain confidence in differing weather and water conditions.

Novice Opti Clinic

This class offers returning Opti sailors critical water safety and boat handling experience and an introduction to basic racing strategies. Novice Opti sailors are encouraged to participate in the Wednesday Race Series and the BBYRA Rookie regattas as determined by our instructors,

INTERMEDIATE/ADVANCED AFTERNOON CLASSES

Ages 8 – 18 (at discretion of instructors)

Monday, Tuesday, Thursday 1:00 – 4:00

Wednesday 9:30 – 1:00 (Mid-Week Racing Series, includes lunch)

Intermediate/Advanced Opti/Laser/Club 420 Clinic

Sailors will learn advanced boat handling techniques and racing strategies. Sailors are encouraged to participate in the Wednesday Race Series, BBYRA junior regattas and potentially the BBYRA Saturday Series as determined by the instructors. Ability and physical size will determine the best fit for each sailor. Sunfish and Club 420s are double-handed boats requiring a consistent pairing of skipper and crew. Skipper and crew designation will be determined by the instructors, taking into consideration requests.

IMPORTANT SAFETY REQUIREMENTS

- Life jackets, with an attached whistle, must be worn at all times during sailing instruction and while on yacht club powerboats. All boats must carry U. S. Coast Guard approved safety equipment.
- Sneakers or sailing shoes must be worn at all times while on yacht club property. Open-toe shoes or sandals are not recommended.
- Sailing gloves are highly recommended
- Each child must pass a swim test before participating. The test is to be administered by the instructors on the first day of class.
- Sailors new to NBYC must pass a basic sailing competency test to participate in group lessons.

- BBYRA requires all Club 420's to carry a flotation device atop their mast for safety purposes. This device can be purchased at Colie Sails, Bridge Ave., Point Pleasant, N.J.
- Laser and Club 420 sailors are required to attach a Gill Blade, or other similar cutting tool, to their life jackets. This is an important safety device and can be purchased at Colie Sails, Bridge Ave, Point Pleasant, N.J.
- All privately-owned sailboats stored at NBYC must be registered with the club. All boats must be placed on racks, dollies or trailers and securely tied down. They must be stored in the southeast corner of the club property when not in use.
 - **NBYC is not responsible for damage to non-club owned boats**

OTHER INFORMATION

- All parents will receive a receive via email a copy of NBYC's "Code of Conduct" policies before their child begins classes. Parents will be required to acknowledge receipt of this document.
- A parent meeting will be held at NBYC prior to the beginning of the season (date TBD). This meeting will be a chance to meet the instructors, ask questions and learn about how the instructors will communicate with parents throughout the summer.
- **Allergies:** There is a section on the ClubSpot registration that asks about allergies. Please also email Amy Schwartz, Jr. Sailing Coordinator, with any information about allergies:
aschwartz897@yahoo.com

We are looking forward to a great season of Junior Sailing! Please do not hesitate to reach out with any questions.

Sincerely,

Amy Schwartz

Junior Sailing Coordinator

aschwartz8971@yahoo.com